



Tappa  
**14**  
cronotabella

**AOSTA - PILA (Gressan)**

**km 133**

sabato 23 maggio 2026

**D = 4350 m**

Quota			DISTANZE			ORA DI PASSAGGIO				
			par- ziali	per- corse	da per- correre	media km/ora				
						34	32	30		
<b>REGIONE VALLE D'AOSTA</b>										
>>>>>										
	<b>583</b>	<b>AOSTA</b>	↑	<b>Start Village</b>	<b>4.9</b>		<b>12.55</b>	<b>12.55</b>	<b>12.55</b>	
	<b>561</b>	<b>AOSTA</b>	↑	<b>km 0</b>	<b>0.0</b>	<b>0.0</b>	<b>133.0</b>	<b>13.05</b>	<b>13.05</b>	<b>13.05</b>
	649	Quart	↩	(Villair) - sr.37	2.1	2.1	130.9	13.10	13.10	13.11
	1106	Ville sur Nus	↑	sr.37-sr.36	7.6	9.7	123.3	13.27	13.29	13.31
	<b>1627</b>	<b>Saint-Barthélémy</b>	↑	<b>(Clemensod) - sr.36</b>	<b>10.6</b>	<b>20.3</b>	<b>112.7</b>	<b>13.50</b>	<b>13.54</b>	<b>13.58</b>
	1515	Issologne	↑	ss.36	2.7	23.0	110.0	13.54	13.57	14.02
	1047	Blavy	↑	sr.36	6.9	29.9	103.1	14.02	14.06	14.11
	539	Nus	↩	via Aosta-sr.36	6.5	36.4	96.6	14.09	14.14	14.19
	593	Aosta (bv. per Roisan)	↩	sr.17	11.3	47.7	85.3	14.24	14.29	14.35
	<b>843</b>	<b>Roisan</b>	↑	<b>sr.17</b>	<b>6.2</b>	<b>53.9</b>	<b>79.1</b>	<b>14.38</b>	<b>14.44</b>	<b>14.51</b>
	802	Ins. sr.28	↩	sr.28	2.1	56.0	77.0	14.40	14.47	14.54
	923	Valpelline	↩	Fraz. Arliod	2.7	58.7	74.3	14.47	14.53	15.01
	<b>1173</b>	<b>Doues</b>	↩	<b>sr.29</b>	<b>3.1</b>	<b>61.8</b>	<b>71.2</b>	<b>14.55</b>	<b>15.03</b>	<b>15.12</b>
	1164	Champsavinal	↑	sr.29	2.2	64.0	69.0	14.58	15.06	15.15
	779	Rhins	↑	sr.28	5.6	69.6	63.4	15.04	15.13	15.22
	<b>777</b>	<b>Variney</b>	↩	<b>galleria (140m) - ss.27</b>	<b>3.1</b>	<b>72.7</b>	<b>60.3</b>	<b>15.08</b>	<b>15.16</b>	<b>15.26</b>
	697	Sarailon (Chataignier)	↩	sr.38	2.0	74.7	58.3	15.11	15.19	15.29
	<b>1284</b>	<b>Lin Noir</b>	↑	<b>sr.41</b>	<b>7.6</b>	<b>82.3</b>	<b>50.7</b>	<b>15.32</b>	<b>15.42</b>	<b>15.54</b>
	1237	Mondache	↑	sr.41	2.8	85.1	47.9	15.35	15.46	15.58
	1451	Homené-Dessous	↑	sr.41	5.0	90.1	42.9	15.46	15.58	16.11
	<b>1587</b>	<b>Verrogne</b>	↑	<b>sr.41</b>	<b>2.0</b>	<b>92.1</b>	<b>40.9</b>	<b>15.51</b>	<b>16.02</b>	<b>16.16</b>
	1218	Saint-Nicolas	↩	sr.22	6.7	98.8	34.2	15.59	16.11	16.25
	678	Saint-Pierre	↩	ss.26	8.3	107.1	25.9	16.08	16.21	16.36
	658	Villeneuve	↩	Ponte su Dora Baltea	1.5	108.6	24.4	16.10	16.23	16.37
	640	Aymavilles	↑	sr.20	3.1	111.7	21.3	16.14	16.26	16.41
	620	Gressan	↩	sr.40	0.6	116.5	16.5	16.19	16.32	16.47
	1413	Les Fleurs	↩	strada per Pila	11.6	128.1	4.9	16.45	17.00	17.17
	<b>1793</b>	<b>PILA (Gressan)</b>	↑		<b>4.9</b>	<b>133.0</b>	<b>0.0</b>	<b>16.58</b>	<b>17.15</b>	<b>17.34</b>

**NOTE:**

- Traguardi Volanti / Intermediate Sprints:**  
km 53.9 - Roisan
- Gran Premio della Montagna:**  
km 20.3 - Saint-Barthélémy - m 1627 (1ª cat.)  
km 61.8 - Doues - m 1173 (3ª cat.)  
km 82.3 - Lin Noir - m 1284 (1ª cat.)  
km 92.1 - Verrogne - m 1587 (2ª cat.)  
km 133 - PILA - m 1793 (1ª cat. - Arrivo/Finish)
- Galleria/Tunnel:** km 72.7
- Passaggio a Livello/Level Crossing:** km